

Appendix 2 from RSE Policy – RSE Lesson Plan Outline

Pink - Care and Commitment

Green – Choices and Challenges

Blue – Changes

RSE - Respect Yourself (to be used alongside JIGSAW Changing Me where specified) - Summer 2						
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
L1	Amazing Me (RYP)	Growing from Young to Old Piece 1 JIGSAW	Growing Up (RYP)	Life Cycles (RYP)	Puberty (RYP)	Overheard Conversations (RYP)
L2	Same But Different (RYP)	Changes (RYP)	Knowing our bodies (RYP)	Knowing our bodies (RYP)	Menstruation (RYP)	Valuing Ourselves (RYP)
L3	Animals and their babies (RYP)	Knowing our bodies (RYP)	Fact and Fiction (RYP)	Who and what helps? (RYP)	Reproduction (RYP)	Changes (RYP)
L4	Coping with Change Piece 6 JIGSAW	Assertiveness Piece 5 JIGSAW	Friendship (RYP)	PANTS	Pregnancy (RYP)	Puberty (RYP)
L5	The importance of Hygiene (RYP)	The importance of Hygiene (RYP)	PANTS		Healthy Choice Challenge (RYP)	Puberty (RYP)
L6	PANTS	PANTS			PANTS	Knowing Our Bodies (RYP)
L7						Knowing Our Bodies (RYP)
L8						PANTS