

## 2025-2026 Subject Overview: PE

|           | Autumn 1                         | Autumn 2                                | Spring 1                  | Spring 2                                   | Summer 1                        | Summer 2  |
|-----------|----------------------------------|---|---------------------------|--|---------------------------------|---|
| Nursery   | Cool Kids                        | Cool Kids                               | Introduction to PE unit 1 | Dance                                      | Ball skills                     | Sports Day/Athletics                            |
| Reception | Introduction to PE unit 1<br>FMS | FMS unit 2<br>Introduction to PE unit 2 | Gymnastics<br>ball skills | Dance<br>Gymnastics                        | Dance<br>Athletics              | Ball Skills<br>Games                            |
| Year 1    | Gymnastics<br>Invasion games     | Gymnastics<br>Team building             | Dance<br>ball skills      | Dance<br>Target games                      | Net and wall games<br>Athletics | Athletics<br>Striking and Fielding              |
| Year 2    | Gymnastics<br>Invasion games     | Gymnastics<br>Team building             | Dance<br>ball skills      | Dance<br>Athletics                         | Net and wall games<br>Athletics | Striking and Fielding<br>Target games           |
| Year 3    | Tennis<br>Football               | Netball<br>OAA                          | Dance<br>Tag Rugby        | Dance<br>Hockey                            | Gymnastics<br>Athletics         | Gymnastics<br>Striking and fielding<br>Rounders |
| Year 4    | Dance<br>Tag Rugby               | Gymnastics<br>OAA                       | Swimming<br>Football      | Indoor athletics<br>Swimming<br>Basketball | Hockey<br>Athletics             | Dodgeball<br>Striking and Fielding –<br>Cricket |
| Year 5    | Swimming<br>Football             | Netball<br>OAA                          | Gymnastics<br>Tag Rugby   | Dance<br>Hockey                            | Tennis<br>Swimming<br>Athletics | Dodgeball<br>Striking and fielding<br>Rounders  |
| Year 6    | Indoor Athletics<br>Tag Rugby    | Swimming<br>OAA                         | Dance<br>Football         | Basketball<br>Hockey                       | Gymnastics<br>Athletics         | Swimming<br>Striking and Fielding –<br>Cricket  |